





SUMMER, SUMMER IS ALMOST HERE, X X X X X TIME FOR FUN AND BIG CHEER

Dear parents, Summer vacation is synonymous with fun, frolic, playing for longer hours with friends and families. Its time for children to play, enjoy, relax and re-energise.

So let's together make this summer vacation a doorway to creativity and learning....

We have designed various activities keeping in mind the over all developmet of child.

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PHYSICAL DEVELOPMENT

Provide ample opportunities to your child and help him/her to learn in a playful manner

2

Take the child with you for morning/evening walk on your terrace and help him/her observe the plants, birds and sky.

Scribbling, colouring and sand play are the best activities to develop the fine muscles. Take some old newspapers, cut them into suitable size and ask the child to do scribbling.

Encourage him/her to run, jump and play on the terrace. Use this opportunity to teach not to push anybody, wait for the turn

SOCIAL SKILLS

Canea

Inculcate
responsibilities: Even
these little ones can be
taught to do small jobs
and develop sense of
responsibility. They can
do number of activities.

Laying the table, filling the water bottles, dusting, watering plants, taking care of their pet, cleaning their cupboard, arranging the toys etc.





CONSTRUCTIVE PLAY AND THINKING SKILL

BLOCKS

lt provides an opportunity to learn about size, colours, numbers, shapes, matching etc.

PUZZLES

Give your child two to four pieces puzzles which enable the child to think and construct.

memory game

Put a few things on a tray, show the tray to your child for a while then cover the tray and ask your child to name the objects which were on the tray.









LANGUAGE DEVELOPMENT

Converse with your child in English. Let's encourage the children to use simple words, phrases and sentences

- May l come in?
- May l drink water?
- · l am feeling hungry.
- l am feeling thirsty.
- Mom, please give me something to eat.

- Please give me a glass of water.
 - · Please trim my nails.
 - Please tell me a story.
 - Can I watch T.V.?
 - Can l go to thepark? I am feeling sleepy.



RHYMES & ACTION SONGS

Nursery rhymes provide bite-sized learning opportunities for young children to develop key developmental skills and can be the trigger for hours of creative and open-ended play. They are a powerful learning source and enable children to become interested in the rhythm and patterns of language

Here we are sharing links of some rhymes. Make them listen and enjoy...

ENGLISH

Wheels on the bus.----<u>https://www.youtube.com/watch?v=e_04ZrNroTo</u>

Heads, shoulders, knees and toes -----<u>https://www.youtube.com/watch?v=h4eueDYPTIg</u>

HIND

Chu Chu karti aayi chidiya-----<u>https://www.youtube.com/watch?v=riC27cFM53k</u>
Ek bander ne kholi dukan----<u>https://www.youtube.com/watch?v=uzQ6RTAxJc4</u>



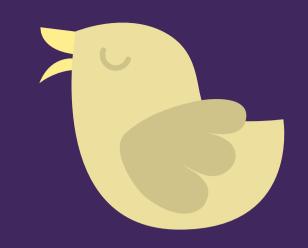






STORY TIME / MORAL EDUCATION

Dear Parents please engage your child in listening and reading of books during the vacation.



Story Telling brings language learning alive and creates a participatory and immersive experience that allows young learners to enjoy hearing the language in a dynamic, sometimes stylistic and entertaining way. It also enhances listening and vocabulary too. It reduces TV and smartphone time.



Here we are sharing a link for short moral story for our little ones.



https://online.flippingbook.com/view/806744865/

https://online.flippingbook.com/view/709810254/



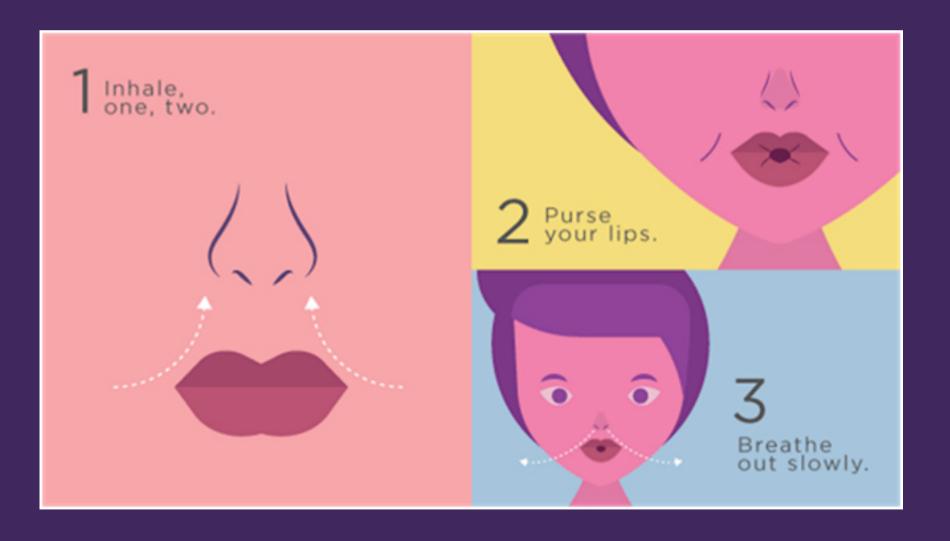






India had a good chance of surviving the first wave of Corona virus with distinct advantages. But the second wave is speeding up the way. As people around the world are taking necessary precautions to protect themselves and their families from corona virus. Preventive measures should be the first line of defence and now it's time to educate our little ones too.

Practice simple breathing
 exercises.





Practice simple yoga or physical movement activities.









Eat healthy, stay healthy - Avoid going out, eat home made healthy food. Drink warm water.





Take care of proper hygiene and cleanliness





Eat Less!



Fats, oils, sugars and salt

Meats & Alternatives

Eat More!



Fruits & Vegetables

Rice & Alternatives































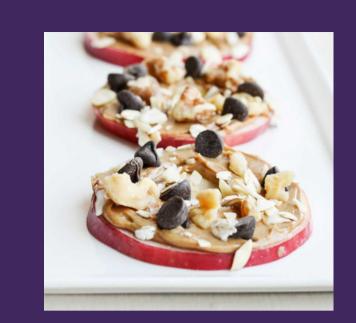






LITTLE CHEF

COOKING WITH YOUR CHILD CAN BE A GREAT WAY TO KEEP THEM OCCUPIED. THESE RECIPES DO NOT REQUIRE FIRE, AND ARE SAFE AND EASY FOR KIDS TO MAKE.



APPLE COOKIES

INGREDIENTS REQUIRED

1 Apple
Peanut butter/Mix fruit jam
3-4 sliced almonds
3-4 chopped walnuts
1/4 cup shredded coconut
Few chocolate chips





METHOD

- Slice the apple into thin rings and remove the core.
- Spread peanut butter on one side of the apple ring.
- Top it with sliced almonds, chopped walnuts and shredded coconut.
- Garnish with chocolate chips or grated chocolate.



SUMMER SIPPLY MOANA FRUIT PUNCH



INGREDIENTS REQUIRED

50 ML CUP COCONUT WATER
100 ML MIX FRUIT JUICE
100 MLCUPS MANGO JUICE
SOME ICE CUBES
SHAKER

METHOD

- In a shaker mix coconut water,mango juice and mix fruit juice.
- Shake Vigorously for 5 seconds.
- Pour shaken punch over a glass full of crushed ice.



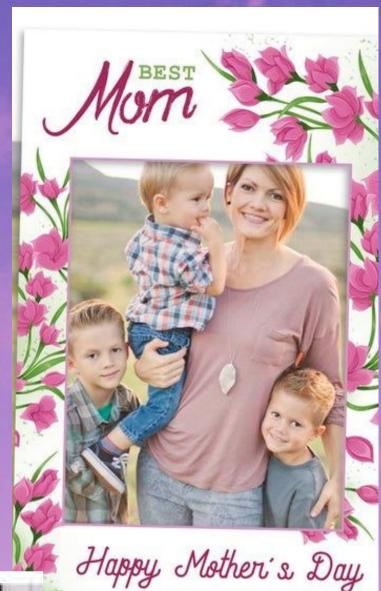
HAPPY MOTHER'S DAY TO THE MOST AMAZING MOMS

ON THIS MOTHER'S DAY CREATE A
SELFIE FRAME AND CLICK A SELFIE
WITH YOUR MOM.



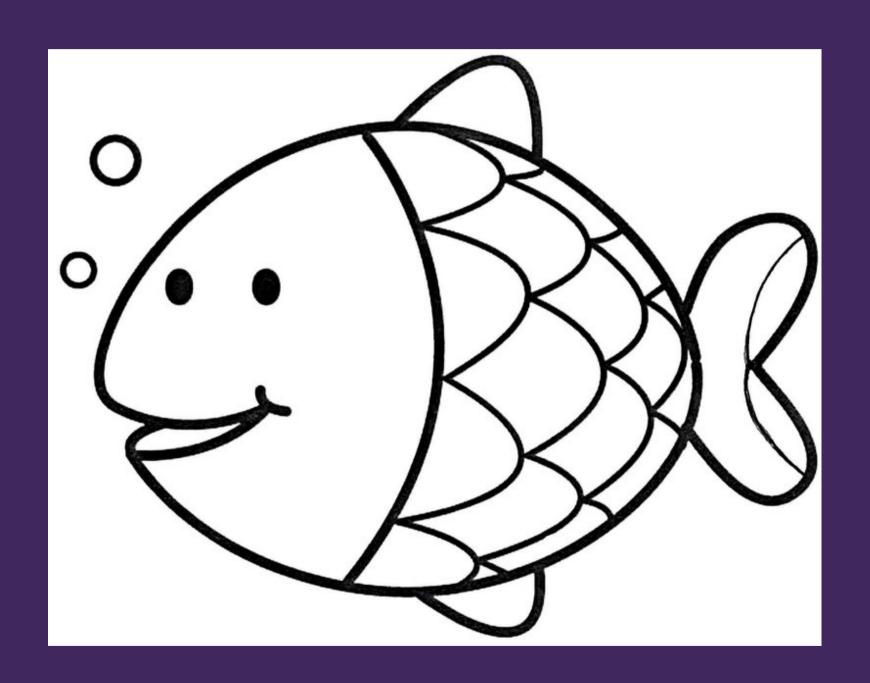


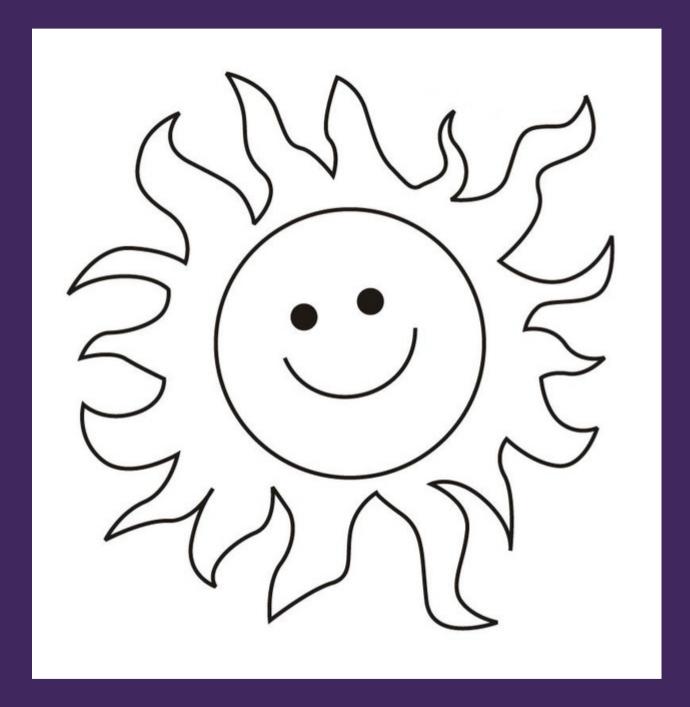




COLOURING WOKSHEET

Do colouring in given pictures and practice to do neat colouring.

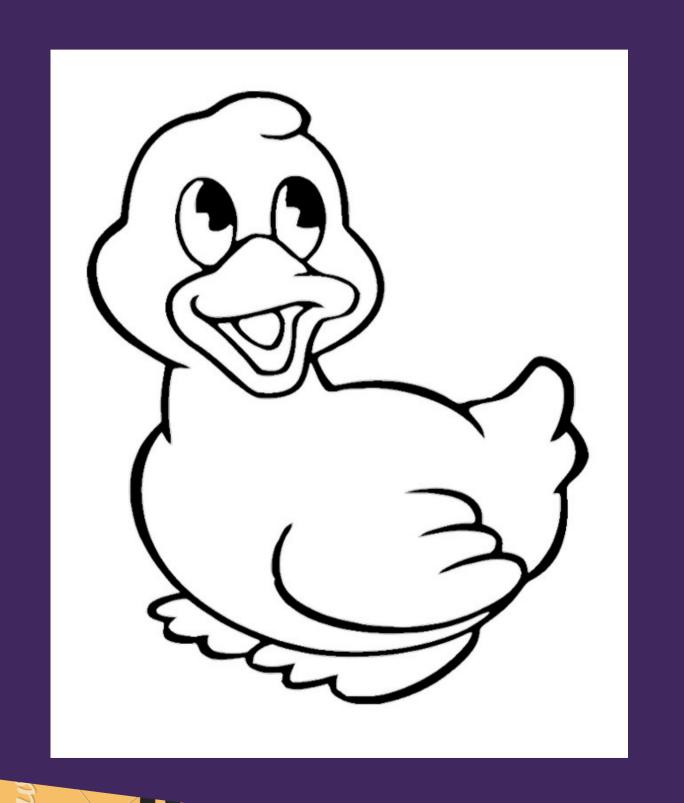


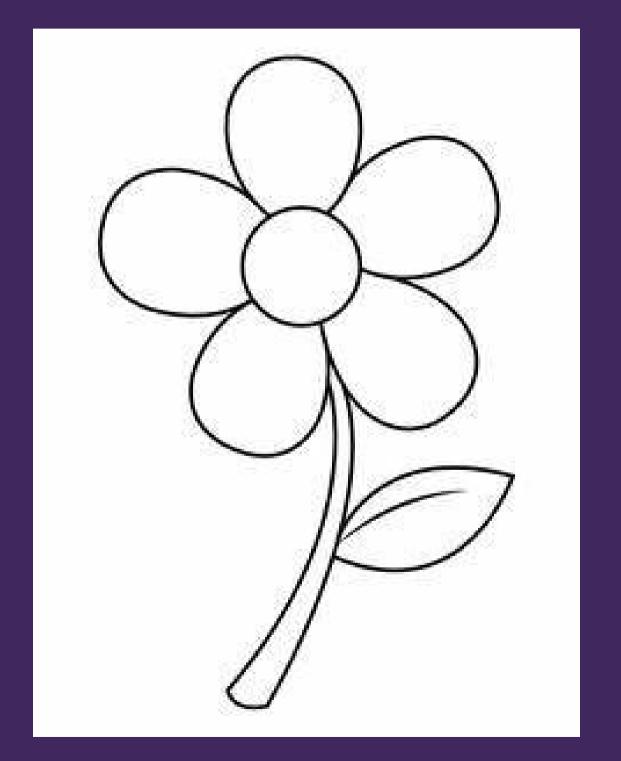




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CRAFT ACTIVITIES

These craft activities will enhance child's hand eye co-ordination, creativity, self-expression and boost up their confidence.

ACTIVITY 1

CREATE A FLOWER VASE

MATERIAL REQUIRED
A-4 size sheet(any colour)
Crayons
Pencil shaving

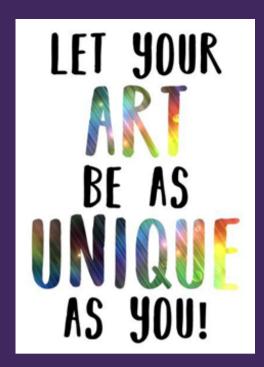
STEPS

Draw a vase and branches of flower using crayons and indulge child in pasting colouful pencil shaving and create their own vase.



ACTIVITY 2

CREATE AN AQUARIUM



MATERIAL REQUIRED

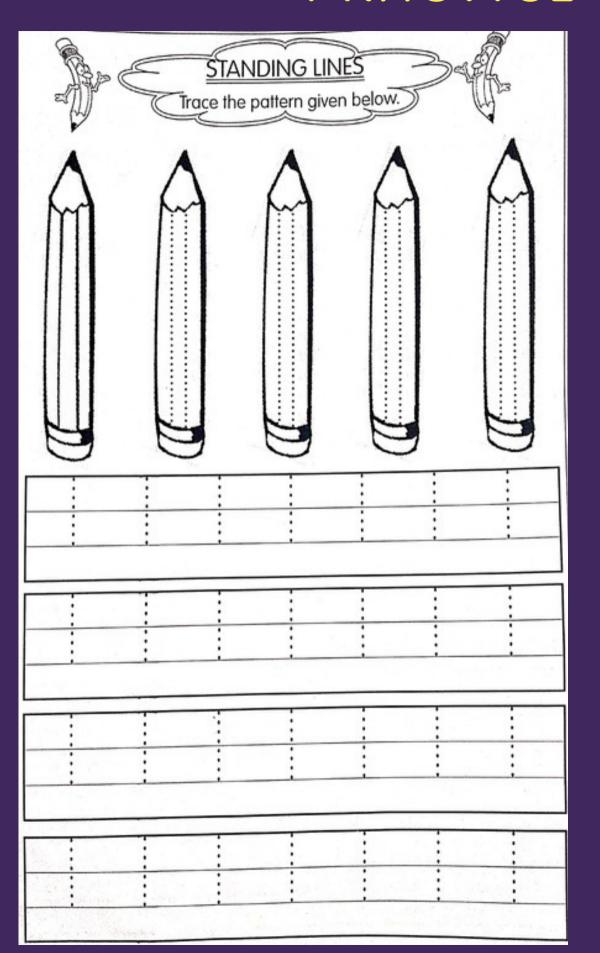
- ·A -4 size sheet(Blue colour)
- ·Bottle caps
- ·Craft paper (Cut into small triangles)
- Googly eyes or Bold Marker
- ·White poster colour & ear bud

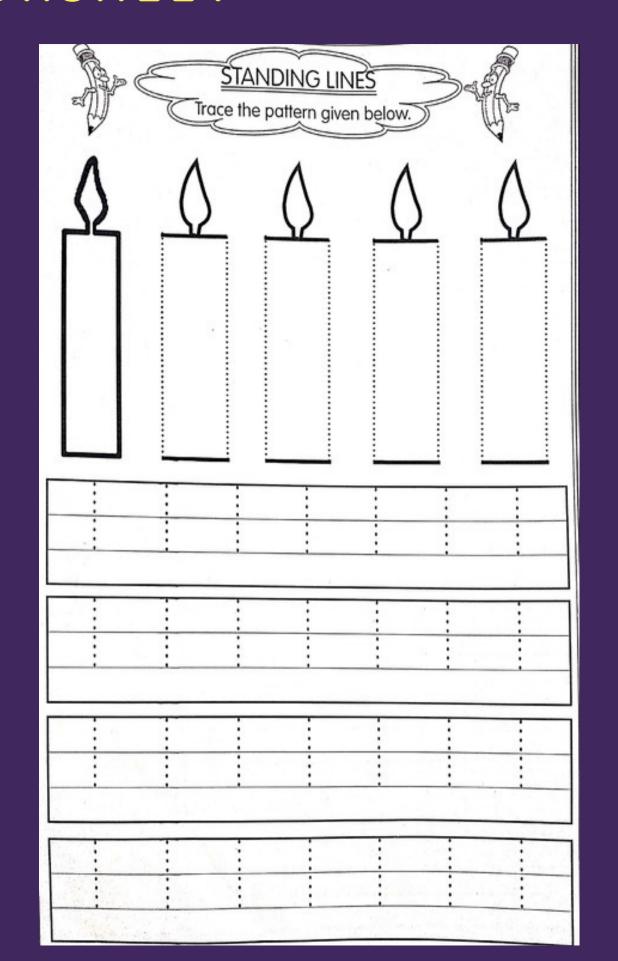


STEPS

Paste Bottle caps on blue colour sheet and make fish's body with small cutouts of triangle. Paste googly eyes or make eyes using bold marker. Use ear bud and white poster colour to make bubbles in an aquarium..

PRACTICE WOKSHEET





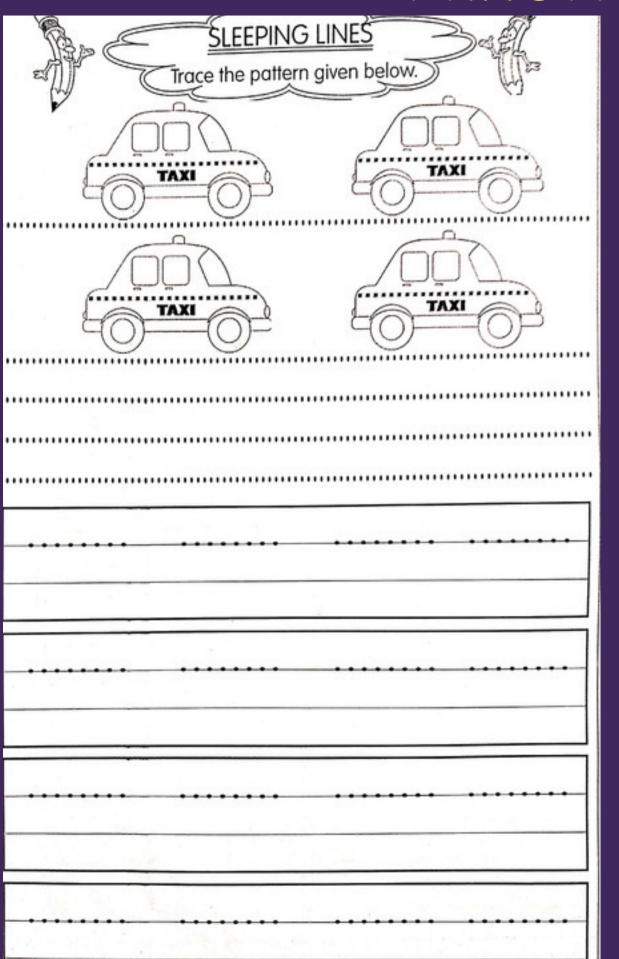


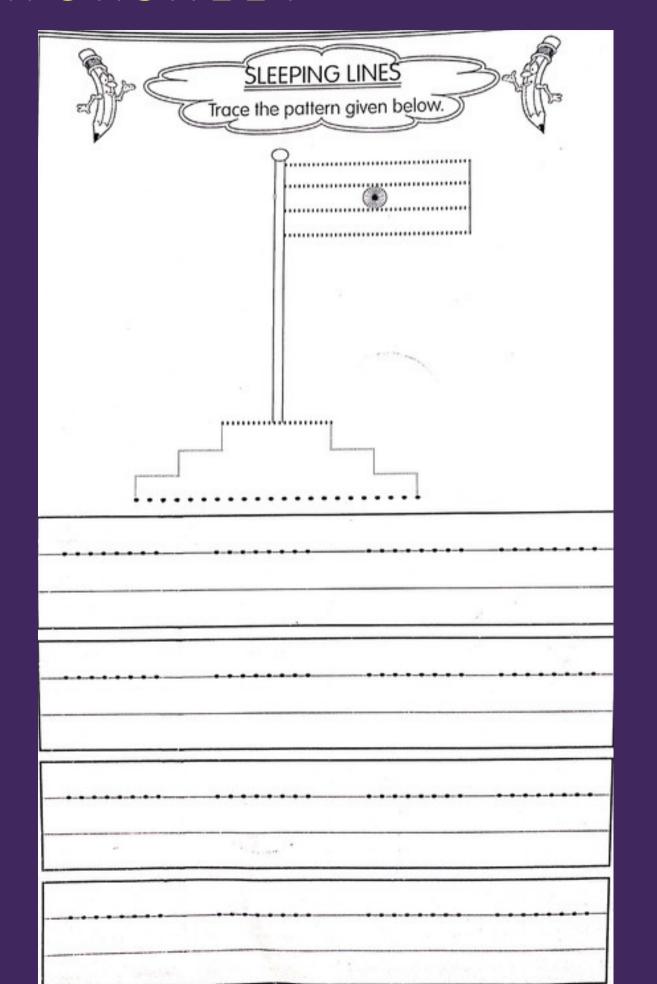






PRACTICE WOKSHEET









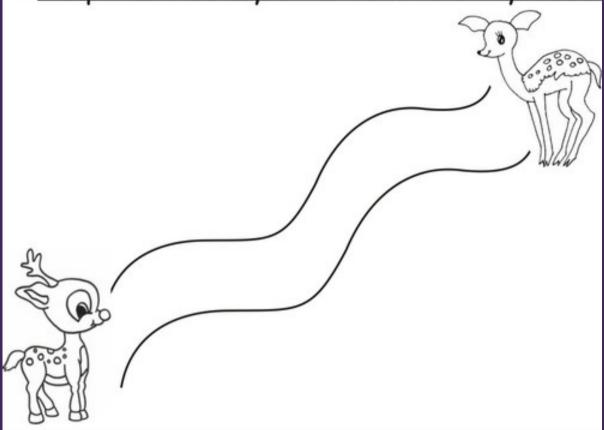




PRACTICE WORKSHEET







Help the hen to find her chick.

